Left Foot, Right Foot

Introduction: The Walk Across Texas program provides a great opportunity for young children to learn more about their bodies as well as enjoy a classic book by Dr. Seuss.

Grade Level and Subject: Kindergarten Language Arts

TEKS: Kindergarten: 1a, 1b, 1c, 1d, 1e, 1f, 4a, 5h, 6c, 9b, 10a, 10b, 10c

Materials: manila or white paper, colored pencils, markers or crayons

Resources: The Foot Book by Dr. Seuss. ISBN 0-394-80937-8

Activity: Show students the cover and read the title of The Foot Book. Turn to the first page and explain that this is the title page. Show them the similarities between the cover and the title page. Read the book aloud to students. Use the following questions for discussion:

- How many feet do you have?
- Show me your left foot.
- Show me your right foot.
- Do you have front and back feet?
- Name an animal that has front and back feet.
- What does ‘rhyme’ mean?
- What are some words that rhyme with feet?
- What are some words that do not rhyme with feet?
- What are some words that rhyme with foot?
- What are some words that do not rhyme with foot?

Have students trace their feet and label them ‘left foot’ and ‘right foot’ and compare each other’s drawings.

Evaluation: Evaluate based on students’ participation in discussion and question/answer sessions. Check drawings for accuracy.