Body Sequencing

**Introduction:** According to the TEKS objectives, students must be able to place information in chronological order. While participating in this activity, the students will get a chance to listen carefully and sequence information. It also involves movement, which the children will enjoy.

**Grade Level and Subject:** Fifth Grade Language Arts and P.E.

**TEKS:** Language Arts 1A, 1C, 3A  
Reading 10E  
P.E. 1B, 1C, 1E, 1L, 7A

**Materials:** approximately 10 stories of appropriate length for the teacher to read aloud; approximately 5 sets of sequential cards for each of the 10 stories

**Resource:** *201 Games for the Elementary Physical Education Program* by Jerry D. Poppen.  
ISBN: 0-13-042061-1

**Activity:** Before beginning this activity, the teacher needs to have a discussion on safe jumping procedures. He or she should also have the children practice these procedures.

The teacher should take the students to the gym. This activity should not be played outside as the students will be lying down on their stomachs. The teacher should divide the students into groups, with five or six in each group.

The activity begins with the teacher gathering the students around him or her and telling them to listen carefully. He or she should then read a story aloud so that every student hears all of it. Once the story is finished, the students are to get into their groups. The teacher will hand out cards to the groups with parts of the story on them. The students in each group will look at the cards and decide the correct sequential order of the cards.

The students should then line up backwards, with the student holding the card with the last event having the first place in line, and so forth.

All students will then lie down on their stomachs, leaving room between each person. The student at the end of the line (who should be holding the first card in sequential order) will stand up and safely jump over all of the other students in his or her group until he or she is the first person in line. That student will then stand in place. The next student will get up and jump over the remaining members of his or her group until he or she is in the proper sequential order. This activity continues until all students are standing in the correct sequential order. The last student to stand (having no one to jump over) will run to the teacher with the cards and present them to him or her. The teacher will then determine if the cards are in the proper sequential order. When
each group has completed the activity in the above manner, the teacher will gather the students around and read another story to them. The students will then complete another “body jumping” event.

By repeating this activity with different stories, the students should get the chance to hold many positions in the group. Hopefully, all students will get at least one chance to be the one who jumps first, which enables him or her to jump the most!

**Evaluation:** The teacher will want to monitor this game closely to ensure that the students are using the correct jumping technique. Also, the teacher will check to see that the events of the story are in sequential order when the students bring the cards to him or her.