Fire Tag

**Introduction:** Students should be taught about fire safety at an early age. This activity provides students with a chance to practice falling safely and to learn the rule of stop, drop, and roll. The students will have fun playing this game and learning a vital health movement at the same time.

**Grade Level and Subject:** Fourth Grade Health and P.E.

**TEKS:**
- Health 4E
- P.E. 1A, 1C, 1H, 2C, 4B, 7A, 7B

**Materials:** none

**Resource:** *201 Games for the Elementary Physical Education Program* by Jerry D. Poppen. ISBN: 0-13-042061-1

**Activity:** Before beginning this activity, the teacher should teach the students the proper way to stop, drop, and roll in a fire and why it is important to know this skill.

This activity would be better played in a gym because the students will be on the ground quite a bit. If the only option is the playground, have the students look for and remove any sharp objects (sticks, rocks, etc.) that might be harmful to them.

All students begin this activity as “it.” They are to scatter in a large area, such as the gym or playground. Once the starting signal has been given, the students are to run around and tag as many other students as possible. When a student has been tagged, he or she should stop, drop, and roll before getting up and continuing to tag other students. Once a student has been tagged three times, he or she is to hop up and down in one place. The teacher is to “free” that student by touching him or her on the arm so that he or she can play the activity again.

It is advised to play the activity for short intervals rather than play one long game. For example, a teacher might want the activity to last for two minutes. At the end of that time period, the teacher can stop play for two to three minutes so that the students can rest and get water before continuing to play another round of this game.

The time limits given in this plan are a suggestion. The teacher should allow for more resting time if needed.

**Evaluation:** The teacher needs to closely monitor the students’ ability to stop, drop, and roll. Immediate feedback should be given if the student is performing any part of stop, drop, and roll incorrectly.

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