

Steal the Treasure

Introduction: As students “Walk Across Texas!,” they are helping to keep their bodies strong and healthy. Walking and other physical activities should be an important part of each student’s daily routine. In this lesson, students participate in a fun and active game. This lesson is adapted from a lesson idea on Susan’s Physical Education website at:
<http://www.hccanet.org/patricks/Activities/stealthetreasure.htm>.

Grade Level and Subject: Kindergarten and 1st Grade P.E.

TEKS: Kindergarten – 1A, 3B, 5A, 6A, 6B, 7A, 7B, 7C
1st Grade – 3B, 5A, 6A, 7A, 7B, 7C

Materials: 4 hula hoops, 20-40 beanbags divided into 4 groups

Activity:

1. Divide the class into four teams. Place the hoops in each corner of the gym, and put one set of bean bags inside each hoop. Each team stands behind their hoop.
2. On the teacher’s signal, one person from each team takes a bean bag from another team – one at a time! – and puts it in his or her own hoop. No guarding of bean bags is allowed. On the teacher’s signal, everyone freezes.
3. The team with the most bean bags in their hoop “wins.” Start the game over, which involves lots of running. Emphasize watching out for each other and avoiding collisions.

Evaluation: Observe students for participation in the activities and observance of rules.



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