

## Heart Word

**Introduction:** In this lesson, students will practice their spelling skills as they learn about the circulatory system. The lesson is adapted from a lesson idea on the American Heart Association’s website at: <http://www.americanheart.org/presenter.jhtml?identifier=3003220>.

**Grade Level and Subject:** 3rd Grade Language Arts, Health Education

**TEKS:** Language Arts – 1A, 1B, 1C, 3C, 5D, 8A, 9B, 14D, 16A, 16B, 16G  
Health Education – 4B, 4C

### Materials

- “Heart Word Game” Activity Sheet.
- Health text book

### Activity:

1. Draw a circle on the board. *What is this shape?* (Circle) *What does “circulate” mean?* (To go around and around like a circle.) *What circulates in our bodies?* (blood)
2. Utilizing a health textbook and allowing students to read aloud about the circulatory system, facilitate a discussion over the circulatory system including how the heart contracts to pump oxygen in the blood to the rest of the body.
3. Include the following words in the students’ weekly spelling list: *blood, circulatory, contracts, heart, vessels, muscle, oxygen, pump, lungs.*
4. Pass out the “Heart Word Game” Activity Sheet. Allow students to work in pairs to complete the activity. Allow several minutes for students to practice spelling the words with their partners.

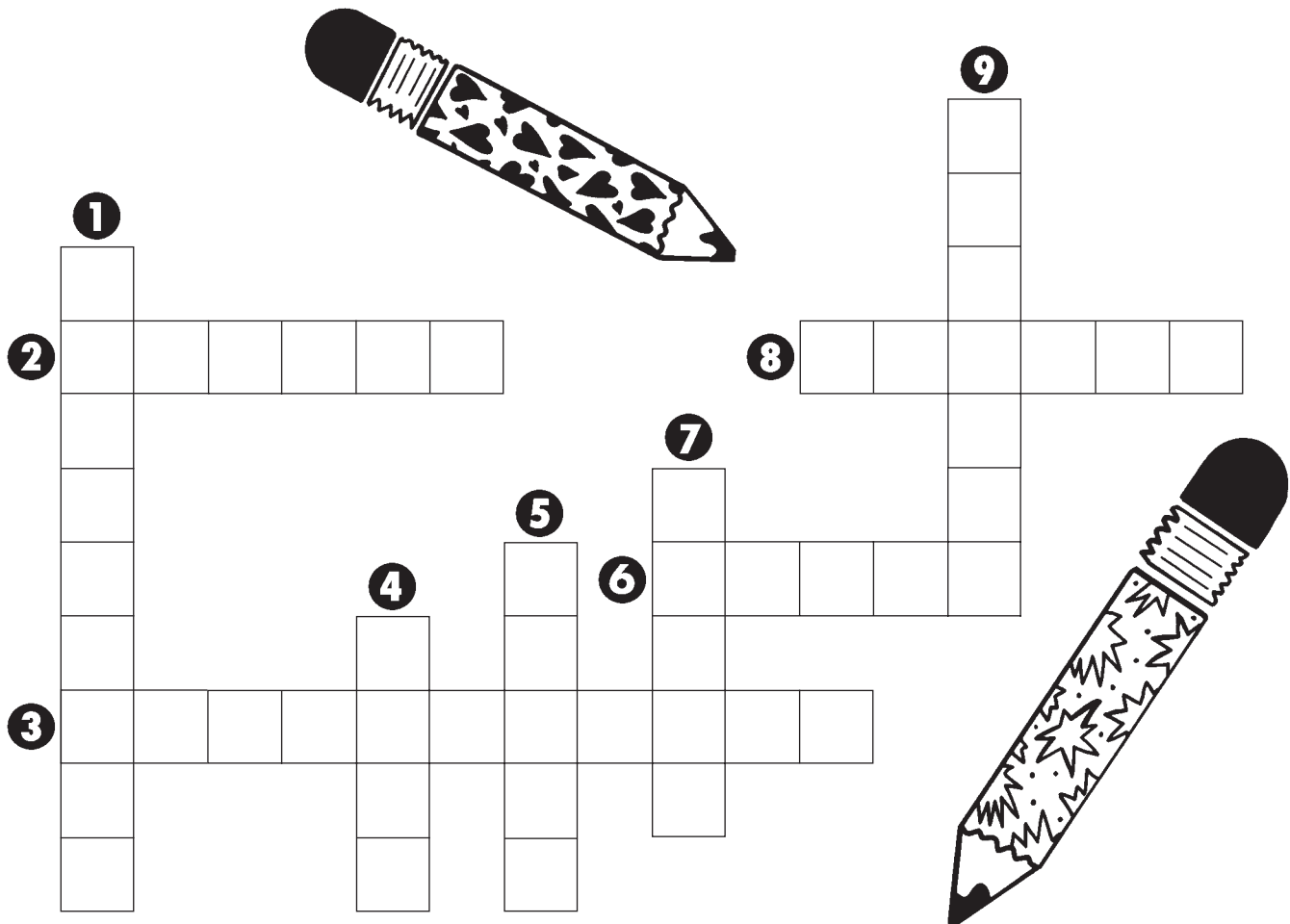
**Evaluation:** Evaluate for appropriate participation in the activity. Evaluate students for correct spelling of the words on the weekly spelling test.



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# Heart Word Game

Sean and Yolanda were playing a game in which they spell words using letter squares. All the words they spelled were about the circulatory system. Fill in their game board by using the clues and words below.



- 1 what the heart does to send blood rushing out
- 2 a gas that our bodies need
- 3 the name for the system that includes our heart and blood vessels
- 4 what the heart works like
- 5 what you can listen to with a stethoscope
- 6 the part of the body that takes in oxygen
- 7 the liquid that carries oxygen throughout our bodies
- 8 what our heart is made of
- 9 the tubes that carry blood

**blood**  
**circulatory**  
**contracts**  
**heart**  
**vessels**  
**muscle**  
**oxygen**  
**pump**  
**lungs**