

Living Letters

Introduction: First grade students practice writing the letters of the alphabet almost on a daily basis. After all, when they progress to the second grade, they should know each and every letter of the alphabet. This lesson gives the students a lively and kinesthetic way to learn the letters of the alphabet.

Grade Level and Subject: 1st Grade Reading and P.E.

TEKS: Reading – 5D, 5F, 7A
P.E. – 1B, 3A, 3B, 7A, 7B, 7C

Materials: None

Resource: *201 Games for the Elementary Physical Education Program* by Jerry D. Poppen.
ISBN: 0-13-042061-1

Activity: This is a simple activity that will be fun for the students. The teacher should take the students to a large play area with room to roam around (either the playground or a large gym). To begin the activity, the teacher should tell the students how to move by calling out a locomotive skill such as hopping or skipping. All students should move around the play area, performing that particular skill. The teacher will then call out a number and a letter. For example, the teacher might call out “3A.” The students will then move into groups of three and form the letter A. Another example would be for the teacher to call out “4L.” The students are then to get into groups of four and form the letter L. The teacher should specify whether the students are to form capital or lowercase letters. Once all students have formed the letter in the correct way, the groups are to disperse and continue skipping, hopping, etc. until the teacher calls out another formation.

Once the students have mastered all letters of the alphabet, an option would be for the students to make small words with a certain number of people specified.

Evaluation: The teacher should monitor all activity. If the students have formed a letter incorrectly or appear to be confused, the teacher should assist the students until the letter is formed correctly.



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