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Ant

An Ant can lift 20 times its own body weight!

Sun

The Sun makes up 99.86% of the mass of the solar system!

Another Walker

To burn off 1 plain M&M candy, you need to walk the full length of a football field!

Vegetables

It took a ruling by the Supreme Court in 1893 to determine the Tomato is actually a vegetable!

Bus

Approximately 480,000 yellow school buses carry 25 million children to and from school every weekday.

Dog

Dogs have 3 different eyelids!

Texas Flag

On March 27th, 1984 it was 106 degrees in Brownsville, while Amarillo reported snow and 35 degrees!

Basketball Hoop

On March 2nd, 1962 Wilt Chamberlain scored the most points in a single basketball game: 100!

Water

The Human Body is roughly 70% water!

Stop Sign

Until 1954, Stop Signs were yellow before they were switched to red, the similar color of stop lights!

Bird

The Mockingbird is the state bird of Texas!

Slide

The tallest and fastest single-person waterslide is 120-foot tall "Summit Plummet" at Walt Disney World.

**Fruits**

Did you know that strawberries are the only fruit that has its seeds on the outside, rather than inside the fruit?

Store

Piggly Wiggly was the first grocery store opening its doors in 1916!

Rabbit

Rabbits can see behind them without even turning their head!

Flowers

The Blue Bonnet was chosen to be the Texas State Flower in 1901!

Bike

There are about 1 billion bicycles in the world, more than double the amount of cars.

Garden Tools

What does the letter "A" have in common with a flower? The both have bees coming after them!

Swimming Pool

An hour of vigorous swimming will burn up to 650 calories. It burns more calories than walking or biking!

Bee

Honey bees can communicate with each other by dancing!

Rain

The first umbrella was actually invented to block the Sun!

Football

In 2010, A 30 second commercial cost a record 3 million dollars during the Super Bowl!

Farm

Like snowflakes, no two cows have exactly the same pattern of spots.

Mailbox

In 1975, Benjamin Franklin became the first postmaster general.

“Instruction Sheet”

Welcome to Walk Across Texas! In order to support and encourage your walking during the 8 week program, we will be playing **Walking** BINGO! The game will be played starting the first week and will go for eight weeks during your schools Walk Across Texas! School Health challenge! Please check with your local school/teachers, to determine if there are school/classroom prizes available. Every school has the opportunity to modify this **Walking** BINGO to fit their school’s needs. The general rules of the game are simple:

1. Receive this game card from your teacher and take it with you while you walk with your family!
2. As you are walking, draw the items you see in the open space.
3. Have Fun!
4. Read the Fun Facts!
5. Draw in ALL the squares to complete the card. This will enter you into a drawing for a GRAND PRIZE.
6. Middle square is free; it’s the Walk Across Texas! logo.
7. Return your completed card to your teacher for the drawing.
8. And again most importantly, HAVE FUN!



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