

# Walk Across Texas!

## Teachers Registration Guide

### What is Walk Across Texas!?

- Walk Across Texas! is a program designed to establish regular physical activity as a lifetime habit in students. Doing Walk Across Texas! in classrooms is a great way to get your kids moving. Also, keep them motivated by competing against other classes and schools! To walk across the state, everyone must walk a total of 830 miles. Try to have different classes compete and see how many times your students can Walk Across Texas!

### Tell me more about Walk Across Texas! ...

- Last year 21,260 youth participated on school teams. A total of 792 teams (classrooms) logged 961,444 miles.
- Teachers create their classroom teams using the total number of students walking.
- The teacher must register their classroom on the Walk Across Texas! website and log their students' mileage each week.

### Teacher Tasks:

- Volunteer to register/manage the classroom
- Select a team name for the students
- Edit number of students
- Enter walking information to the account on WAT! Sign in website
- Inform Students and Parents of Events such as Kick-Off, Midway and Recognition Events

### What a Student Does:

- Takes Newsletters and Bonus Miles home weekly
- Takes Physical Activity Bingo card home to complete with family throughout the challenge
- Most important get out there and be active!

### Steps for Teachers Registering Their Students:

1. Attend teacher training, if being offered locally.
  - Learn process steps for registering students.
2. Complete Teacher Registration.
  - Sign up by visiting the website: <http://walkacrosstexas.tamu.edu>
  - Click "Register Now" and create an account with the website
3. Entering Data Online:
  - Verify Email and Log in online by going to the WAT! Sign In website.
  - Choose to register as a Teacher. When prompted, select your school district and your school's name from the drop down menu.
  - Register your 1st team name along with grade level, gender totals, and class ethnicity.
  - If registering multiple teams click the "Add a Student Class Team."
  - Enter your class's miles walked using your Teacher account on the WAT! Sign In website.
  - Enter the wrap-up information on the WAT! Sign In website when your 8 week program is complete.
4. Visit: <http://walkacrosstexas.tamu.edu/tools-and-resources/forms.php> to print out any resources you may need for the school and students.
5. Send home Parent Newsletters, Bonus Mile forms, and Physical Activity Bingo cards.
6. Inform Students and Parents of Events such as Kick-Off, Midway, and Recognition events as offered.
7. Obtain Recognition Certificates from WAT! website. Teachers distribute them to their students.

### More Information...

- For more information about Walk Across Texas! including helpful tools like a mileage calculator, FAQs, and videos visit: <http://walkacrosstexas.tamu.edu/> or contact your local County Extension Agent.

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