

## Run to Win

**Introduction:** Kindergarten students seem to have unlimited amounts of energy and a love of learning. This activity unites these two characteristics of kindergarteners to provide an energetic, educational experience. The students will love it.

**Grade Level and Subject:** Kindergarten Math and P.E.

**TEKS:** Math – 6B  
P.E. – 3B, 7A, 7B, 7C

**Materials:** Cones (or any type of small markers that students can touch easily)

**Resource:** *The Ultimate Playground & Recess Book* by Guy Bailey. ISBN: 0-9669727-2-4

**Activity:** To begin this activity, the students should be placed in equal teams of 4-5 members. The students need to be lined up as if competing against each other in a race. The teacher then places a cone (or marker) at the beginning of each line and another cone at a spot that is an appropriate distance from the beginning cone. Each team should have two cones. On a signal, the teacher starts the race. The first student in each line runs to the farthest cone, touches it, and runs back. The student then touches the beginning cone. This action is to be repeated by the same student until the teacher calls for the students to stop running. During the time the students are running back and forth touching the cones, the other students in line should be counting the times their team member touches a cone or marker. If the teacher has decided this should be a competition, the student who has touched his or her two cones the most times will be the winner. Play then resumes with the next students in line getting a chance to run back and forth and touch the cones. All students are engaged in this activity as the students waiting in line are counting how many times their team member has touched the cones.

Depending on the students' skill levels, the teacher might want two or three students in each line to take a turn running before getting a total for the cones touched. This would incorporate counting higher numbers or simple addition as the students would need to add the three runners' totals together.

Another option would be for the students to perform other physical activities besides running, such as hopping, skipping, etc.

**Evaluation:** With all of the excitement, the teacher is sure to hear the counting the students are doing. He or she can then correct any mistakes the students might make.



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