

My Feet

Introduction: We use our feet to walk, but we also use them to hop, skip, skate, dance, and many other things. The different parts of the foot each serve a purpose, and our feet grow as we grow.

Grade Level and Subject: Kindergarten Science and Language Arts

TEKS: Science: 6C, 7A

Language Arts: 1A, 1B, 1C, 1D, 1E, 4A, 5H, 9A, 9B

Materials: manila paper, colored pencils, markers, or crayons

Resources: *My Feet* by Aliko. ISBN# 0-06-445106-2

Activity: Show students the cover and read the title and author of *My Feet*. Turn to the first page and explain that this is the title page. Show them the similarities between the cover and the title page. Read the book aloud to students. Use the following questions for discussion:

- What are the three parts of your foot?
- How many toes are on each foot?
- Why do you have toenails?
- What part of your foot supports your weight?
- Where is the ball of your foot?
- What do you call the middle of the sole?
- Why are your feet smaller than mine?
- What are some fun things your feet help you do?
- What are some different ways to dress your feet?

Have students trace one of their feet, and help them write the date inside. Save the drawings. Several months later, have students trace the same foot again and compare to the first drawing. Explain that some students' feet may have grown more than others because each person is unique.

Evaluation: Evaluate based on students' participation in discussion and question/answer sessions. Check drawings for accuracy.



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