

Jumping Numbers

Introduction: Every kindergarten student should leave kindergarten knowing his or her numbers well. By participating in this activity, students will practice ordinal positions in a sequence and counting to 100. They will enjoy this carefree way of learning.

Grade Level and Subject: Kindergarten Math and P.E.

TEKS: Math – 2B, 6B
P.E. – 3A, 3B, 3C, 3D

Materials: None

Activity: This should be a quick activity, either used as practice or review, for students to practice counting.

The teacher should take the students to the playground or to the gym. Each student should have lots of room around him or her.

The teacher will begin the activity by calling out a number. The students will respond by hopping or jumping the same amount of times of the number that has been called out. For example, the teacher may call out 8. The students will respond by hopping 8 times and counting as they do so. The teacher can hop also to help maintain the pace and rhythm of the hopping.

At various times, the teacher will want to yell out “ordinal.” Once he or she has called out ordinal, the class will hop together and count in this manner: first, second, third, fourth, fifth, etc. The teacher will stop the hopping at the appropriate place for the class.

Depending on how proficient the class is with counting, the teacher may want to vary the physical portion of this lesson. He or she may want the students to skip or take giant steps for the number given. The teacher can be creative with the type of locomotive skill completed by the students. Also, for larger numbers (any number larger than 20 or 30), the teacher might want to divide the counting and physical activity into portions that the students can perform. For example, if the number called out is 47, the teacher might want to lead the counting and hopping in this way: count/hop to 10, count only to 20 (no hopping), take giant steps and count until everyone reaches 30, count only to 40 (no physical movement), tap a foot and count until everyone gets to 47.

Evaluation: The teacher should listen to the students as they count. The physical activity performed during this lesson should not be observed intently; the focus should be placed on the counting of the numbers by the students.



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