

Calendar Dance

Introduction: An important objective that all students leaving kindergarten should possess is the ability to name the days of the week and months of the year. During this lesson, the students will get the chance to practice learning these things while getting a chance to move their bodies. It will be a fun experience for all involved.

Grade Level and Subject: Kindergarten Math and P.E.

TEKS: Math – 11D
P.E. – 1A, 1B, 3A, 6A, 6B, 7A, 7B

Materials: CD player, appropriate music CDs

Activity: After practicing the days of the week and the months of the year in the classroom, the students should be taken outside or to the gym for this activity. The students should be assembled in an area where they have ample space to move their bodies.

The teacher will begin the activity by playing some music. While the music is playing, the students are moving. They could be dancing, hopping, skipping, etc. They are not to run into each other or touch each other in any way. When the music is stopped, they will immediately stop. They will then yell out the first day of the week. The teacher will begin the music again, and the students will begin moving again. Once the music and students have stopped, the students will yell out the second day of the week. Play will continue in this manner until all of the days of the week have been called out. The students can then perform the same activity with the months of the year.

Depending on the students, the teacher might want to regulate the movement of the students. For example, he or she can tell the students that they must perform an activity that requires them to move in place, such as hopping or dancing. However, the teacher might want the students to move about freely. The teacher can decide how much freedom the students are to have during the activity.

Evaluation: The teacher is to monitor all activity for safety and correctness. If the students are confused as to which day or month come next, the teacher should clarify that immediately.



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