

Team Captain's Log

Team Captain's Name: _____ Team Name: _____

Team Captain's Phone Number: _____ County: _____

Directions

- Collect an **Individual Registration** form from every member and yourself before walking begins. Fax, e-mail, or mail these forms to the county Extension office.

Fax: _____ E-mail: _____

Address: _____

- Record your team members' total weekly mileage (and pounds lost, if recorded).
- Turn in (call, fax, e-mail, mail, or drop off) your team totals to your county Extension office by **Wednesday** each week of Walk Across Texas!
- In Week 7, remind your team members to finish their **Individual Mileage Log** and Walk Across Texas! **Wrap-Up** and, at the end of Week 8, turn these in to you. Also inform them of the time and location for the Celebration and Recognition Activity.
- When Walk Across Texas! is over, total the miles (and pounds lost) for Weeks 1 through 8, and write the totals for your team in the bottom row and last column.
- Collect an **Individual Mileage Log** and Walk Across Texas! **Wrap-Up** from each member and yourself. Attach your **Team Captain's Log** along with any **Success Stories**, and turn in everything to the county Extension office.

Team Miles Walked/Pounds Lost

Member names	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Weekly totals of miles walked								
Weekly totals of pounds lost								

Total Team Miles Walked (add Weekly Totals above)	
Total Pounds Lost by Team Members (add Weekly Totals above)	

