

Walk Across Texas Packet for Schools

Thank you for your interest in Walk Across Texas!

Walking is a great way for children to become more physically active. Walk Across Texas is a great way to get children walking. Classes of children may Walk Across Texas—on a paper map or on-line over an eight week time period. Classes may compete with others in your school to see which one can walk across the state (830 miles) first and which one can log the most miles.

Someone at your school needs to be the site manager or coordinator. Teachers are the captains for their classes. In school, teachers register their classes at <http://walkacrosstexas.tamu.edu> and simply note the number of times children walk each week and for how long each time. At the end of the week, teachers or a designated student or volunteer may enter this information on the same site.

We offer another option too—children may take a Bonus Miles Log home each week to get parents, friends and neighbors to contribute miles to your class total each week.

Please review the following information. If you have any questions or need more information, please contact:

Register your classes on-line at <http://walkacrosstexas.tamu.edu>.

The Kick-Off Activity is _____.

The first day to log miles is _____.

The “Don’t Give Up Now Activity” is _____.

Walk Across Texas ends on _____.

Please turn in your evaluation of Walk Across Texas by _____.

Everyone is invited to the Celebration Activity on _____.

We hope you will enjoy Walk Across Texas!

Updated January 2008.

